

Preparing for Your Procedure

In order to have optimal results from your PRP treatment, please follow guidelines below.

If you take any anticoagulation medication (blood thinners) or if you have low platelets (thrombocytopenia), you are unable to have this procedure. Consult with your doctor.

Do not take any aspirin, ibuprofen, naproxen, or any anti-inflammatory medication (motrin, advil, aleve, etc) for 1 week prior to procedure. Do not stop any medication without consulting with your doctor.

Do not have any injections into scalp or face for 2 weeks prior to procedure.

Do not use retinol for 5 days prior to procedure.

Do not use any scrubs for 2 days prior to procedure.

Do not have any chemical peels for 2 weeks, and microdermabrasion for 1 week, prior to procedure.

Please arrive for procedure with no makeup. Cleanse face with gentle cleanser prior to arrival or upon arrival for procedure.