

## **Post Procedure Care**

**PRP procedures have minimal downtime but for optimal results and to avoid side effects, please do the following after care.**

Do not take any anti-inflammatory medications for 1week after procedure.

Use moisturizer and hyaluronic acid 2-3 times in the first 24 hours after procedure.

You can use a metal or jade roller on your face after procedure.

Do not wear makeup for 24 hours.

Do not use retinol for 5 days after procedure.

Do not use any acids (except hyaluronic acid) for 4 days after procedure.

Avoid sunscreen for 48 hours after procedure.

Avoid prolonged sunlight exposure for 48 hours after procedure, use sunscreen if you will be in the sun.

Do not have any injections, microdermabrasion or chemical peels for 10days after procedure.